

CBRG reviews terminologies



COCHRANE BACK REVIEW GROUP
The best evidence in back and neck pain care

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**Institute
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Research Excellence
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Quality of evidence

Underlying methodology/ meaning	Quality rating
Randomized trials; or double-upgraded observational studies; Further research is very unlikely to change our confidence in the estimate of effect	High
Downgraded randomized trials; or upgraded observational studies; Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate	Moderate
Double-downgraded randomized trials; or observational studies; Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate	Low
Triple-downgraded randomized trials; or downgraded observational studies; or case series/case reports; We are very uncertain about the estimate	Very low

Type of condition

Condition	Pain or symptom duration
Acute	Less than 30 days
Sub-acute	More than 30 days but less than 90 days
Chronic	More than 90 days